

THE TIGER TIMES

JOHN RENNIE HIGH SCHOOL

THE WHY OF THE TIGER!

BY EMMA DEL NIGRO

The Tiger. It's everywhere! From our sweatshirts to the sign on the door.

Our Tiger mascot represents John Rennie High School mainly during final games and winter classic hockey competitions. We have the head of a tiger for our mascot costume and anyone can wear it. As long as you ask a member of Leadership, you can support your favorite John Rennie team and be our mascot! Bonus: our mascot doesn't require any tricks or skills.

The use of mascots started because of sports organizations. They started using animals as mascots to provide extra entertainment for paying spectators. At first, sports teams brought along real live animals to the games! Most of these animals were predators expected to roar and strike fear into the hearts of their opponent.

At first you'd think that we were always the Tigers. After asking alumni to confirm this we got some surprising answers. Our Head Caretaker, Mr McGregor, took to Facebook and asked the alumni what they remembered from their time in this building.

Former 1960's student, D. Elder wrote, "John Rennie's mascot was a Tiger". N. Sammom, class of '81, wrote that we were the "John Rennie Stingers", adding that our mascot was a Bee. C.Jordan, class of '91, wrote that at one point in our history we were the "Renegades".

After receiving this information the Newspaper Club decided to do some digging. We searched through all the yearbooks in our library and we found that the tiger's image only started to appear in our yearbooks around the 1990's. Before that time yearbooks really only featured student class photos and team sports photos. Uniforms had our colors: black and gold. There was no color used in our yearbooks back then because the tools and tech to put them together wasn't anything like we have today.

This leads us to believe that we have been the tigers since our school's opening in 1955 but maybe not always consistently. On that note, 2022 is the year of the Tiger. It's our year, Rennie! **ROAR!!**

Thanks to Ms.Raquel Lobaton, head of Leadership & Mr Douglas J. McGregor, Head Caretaker (both former students of JRHS) for their help with this article.



NEWSPAPER CLUB: OUR STORY

We here at John Rennie HS are publishing the school's first newspaper on the heels of recent challenging and troubling events. After two years of Covid-19 restrictions and in the midst of the Russian invasion and war in Ukraine, the Newspaper Club has continued our quest to learn, inform, and help build our school community through communications, research, reporting and writing. We're excited to share our first issue of *The Tiger Times* with the student body and staff. Thank you to the very many people who've contributed to this endeavor.

A MESSAGE FROM THE EDITORIAL TEAM

Welcome to the very first Tiger Times issue! Filled with all the latest drama, in and out of school, we hope you enjoy all the pieces from our amazing group known as the Rennie Writers. With every new edition we hope to inform and entertain you with all the latest news and stories! If you have an idea, a piece, or a suggestion to make, or you'd like to join the Newspaper Club, feel free to send us an email!

RennieWriters@gmail.com

Chiara Bramante - **Editor-in-Chief**
Meadow C. Bogiatzian - **Co-Editor-in-Chief**
Eva Koutsimanis - **Assistant Editor-in-Chief**

SUPERVISING STAFF:

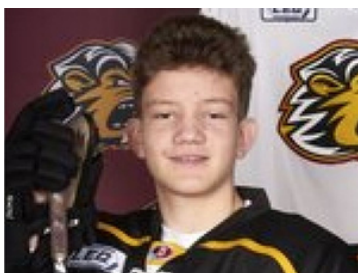
T. Bingham, L. Douglas, K. Lagendyk,
J. Mackiewicz, S. Spencer

Newspaper CLUB MEMBERS

Maya Abitan
Johnny Barnes
Gabriella Bloom
Meadow Bogiatzian
Chiara Bramante
Clara Cheyne
Emma Del Nigro
Nicholas Hoang
Eva Koutsimanis
Steleo Koutsimanis
Larissa Kouyoumdijan
Samantha Mcbride
Rachel Nayer
Teighlor Orton
Darcy Sullivan



REMEMBERING LUCAS



On Thursday, February 10th, we received the news that Lucas Gaudet died of his injuries from an altercation with other students. Everyone was in shock and upset by this tragic event and the circumstances under which it happened.

Since then friends, family, classmates, teachers, and teammates have come together to support each other as we are forced to come to terms with this unthinkable loss. It's been hard.

Lucas will be remembered as a good friend. He made people laugh and he was a dedicated hockey player. We think about the pain and sadness that his family and we have shared since then. We've all lost a sense of security. Issues like how to deal with conflict, bullying, harassment, intimidation and violence are just some of the big ideas we have to talk about and learn to try to solve.

Our school will honor his memory later this Spring with a special ceremony.

Details will be announced shortly.

Teachers and friends remember Lucas with these words...

"It was a pleasure to teach Lucas. I will miss his beautiful smile. Lucas was always grateful when I helped him with his work. I'll miss him."

"I recorded him while we were chilling in class and he caught me recording and he asked me what I was doing and I tried to brush it off and he looked straight at my phone and gave me puppy dog eyes that just made me laugh, smile and feel good."

"Lucas was such a nice student. Always smiling and saying hello to others in the hallways. The halls will not feel the same without him."

"We just want to say that he was loved and is still gonna be loved forever... he was a great friend, partner and classmate, and we still carry him in our hearts and will forever be there with us and will guide us to better things."

Lucas was always smiling and his laugh was infectious. You could never stay angry at him - he had an impish grin that just made everything better. He was a great kid and he will be missed.

ANIMAL ALLEY

HOW TO GAIN A PET'S TRUST

BY STELEO KOUTSIMANIS

Do you have or want a pet and you want it to trust you? I have the solution. I have 5 rabbits at home so I'm a bit of an expert when it comes to these things. So continue reading to find out how to gain a pet's trust...

GIVE IT TASTY TREATS

For example, rabbits love carrots. Let them smell you (also, do this before petting them for the first time) and then give them a treat so it will trust you. Treats can also be used as rewards depending on your pet. If your pet does something good you could give them a treat (i.e. if a dog does his/her business!)

SPEAK IN A SOOTHING VOICE

A soothing voice is ideal since pets can hear sound louder than a human can so don't be too loud.

PROVIDE A SAFE ENVIRONMENT

Your pet must be in a safe and healthy environment. You can go to different areas of your house/apartment with them and let them smell you. You do this so your scent spreads around the room so your pet gets used to it.

TREAT THEM RIGHT

If you don't treat your pet properly, it won't like you. So don't abuse or mistreat your pet.

BE ITS SLAVE, THE PET'S IN CHARGE!

Pets love it when they're in charge. So when it wants to be petted, pet it and if it doesn't want to be petted, leave it alone! The only time you're in charge is when the situation includes food. Pets need discipline when it comes to food. They ask for a lot and end up not even finishing it all! So for their own health only give them a proper sized meal.



Do you have something to say? Do you want your voice heard? Have you thought of becoming a volunteer? Need something that would look good on your resume? This experience can do that and can support your aspirations too.

I'm Chiara Bramante, a Rennie student, and I've started an organization! My online e-magazine is offering volunteer positions to work within my organization.

Teens Express Canada is an organization filled with a lot of potential, and I'm currently searching for applicants to join the Executive Team!

This e-magazine will highlight the incredible expression of Canadian teens through art, writing and photography. This is a platform designed to connect with a community of like-minded individuals.

If you're interested in joining our team, contact us, ASAP!

Instagram: @teens.express.canada
Email: teensexpresscanada@gmail.com

Chiara Bramante, Editor-in-Chief
The Teens Express Canada Team

MY FIRST HIGH SCHOOL MIDTERM EXAM EXPERIENCE

BY GABRIELLA BLOOM

This year was my first high school midterm exam experience. I have to say I had a good experience! I only had two exams: one in Math and one in Science. I think it was good that there was time in between the exams. There was Math on Monday and then Science was on Wednesday.

What I did to prepare was to study Science on the Saturday before, then I studied Math on Sunday.

Then on Tuesday, I did a final review for Science. My reasoning was that I decided to study Math the day before so that I felt I would know it really well.

Similar to Science, I wanted to study the material on the weekend and I was able to get one more day of review before the Science exam.

In the end, I did well on both of my exams! The final exams now seem less intimidating.



COACH'S CORNER

BY JOHNNY BARNES

On November 30th, 2021, I got the opportunity to interview one of our basketball coaches, Eli Eddis, who seemed quite pleased with his team. Here is the interview, play by play:

Q: How do you handle criticism?
Eli: I listen to it and try to do better.

Q: Please describe your coaching style.
Eli: Fast. Strong Defense.

Q: How do you measure your team's performance?
Eli: Very good. I think they try really hard.

Q: Who is your best player?
Eli: Girls, I would say, Asia and Liberty. For the guys, DeVon and Miles.

May I add that while I watched the girls' game, Asia scored a lot of points. I would say at least six. That was when I was around though. Imagine the other three quarters! Good job, Asia!

Q: What do you do when your team is struggling?

Eli: Try to focus on what they're struggling with and try to fix that.

Q: What are your strengths as a basketball coach?

Eli: Some experience, and my love of sports.

Q: Do you think any of your players will be able to make the NBA?

Eli: The NBA is tough, but I think a lot of them could play basketball in the States.

While I was there, Coach Eli asked one of his players, Miles, "do you think that you can make the NBA?" Miles responded, "Well, that's the goal" Coach Eli responded, "Maybe, Miles!"

After concluding our interview and wishing Miles luck on his path to glory and fame, I said thank you to the Coach and was on my way. But while on my way out, I stopped and turned around to see the start of the game. It was insane! A Three pointer was shot. Perhaps we can work on that, Coach!

HOW TO NOT BE AWKWARD WHEN TALKING TO SOMEONE

BY SAMANTHA MCBRIDE & TEIGHLOR ORTON

Step 1. Avoid dead silence

Sometimes when there's silence or a long pause in a conversation, it can become awkward. You may feel like you want to leave or stop speaking to this person. If you feel this way, try to keep the conversation afloat with an interesting topic. Whenever there is silence, prepare a question to ask or discuss another topic.

Step 2. Make sure you're paying attention to what the other person is saying

Try to pay attention to what the other person is saying. Even if you aren't interested, the polite thing to do is listen and pay attention. If you want the person you're having a conversation with to listen to you when you speak, we suggest you do the same for them..

Step 3. Be polite and don't be offensive

Answer questions with honesty, make sure you are kind and don't forget to think before you speak. Try to express your thoughts in a polite manner. Think of the other person's feelings before you say something offensive or rude.

Step 4. Make the other person feel comfortable

To make the other person feel comfortable and make it less awkward for the both of you, ask them questions about themselves and be attentive to their answers. Add some information about yourself to keep the conversation flowing. By talking about yourself (not the whole time though!) it makes the other person feel more comfortable to open up.

Step 5. Finish off the conversation in an appropriate manner

If you'd like to end the conversation, politely explain why you have to go. Don't forget to make sure you use appropriate words and end off by saying "Have a good day!" or "It was nice speaking with you". This signifies that you enjoyed the conversation and you'd like to speak with them again.



TOP 3 CANADIAN GOLDEN OLYMPIANS

BY STELEO KOUTSIMANIS

Canada got eleventh place in the Beijing 2022 Olympic Winter Games. In total, we won 26 medals! Read the list below to find out the top 3 Canadian golden medal winners.

MAX PARROT

Max Parrot got a gold medal in men's snowboard slopestyle and a bronze medal in men's snowboard big air.

IVANIE BLONDIN, VALÉRIE MALTAIS, ISABELLE WEIDERMANN

In speed skating, Ivanie Blondin, Valérie Maltais and Isabelle Weidemann worked together and won Canada it's second gold medal.

PASCAL DION, STEVE DUBOIS, CHARLES HAMELIN, MAXIME LAOUN, JORDAN PIERRE-GILLES

Canada's third gold medal was won by Pascal Dion, Steve Dubois, Charles Hamelin, Maxime Laoun and Jordan Pierre-Gilles due to their amazing teamwork and skill in short track speed skating in the category of men's 5000m relay.

You may be thinking: "I thought Canada won 4 gold medals!" Well they did, but a "Top 4" just doesn't sound right.

The fourth medal was won by the women's ice hockey team who, thanks to their amazing efforts on the ice...ended up winning a gold medal!

Thanks to Canada's greatest athletes, Canada won 4 gold medals which put us in eleventh place out of 29 countries.

HOW TO MAKE A MUG CAKE



BY RACHEL NAYER

who can cook

& GABRIELLA BLOOM

who can't

Add all the dry ingredients into a microwave safe mug. Your dry ingredients are: all purpose flour, white sugar, baking powder and salt.

Stir in your wet ingredients: milk, melted butter and vanilla. You can add sprinkles if you want. Microwave for 70-90 seconds and enjoy!

The website that helped us:
<https://tastesbetterfromscratch.com/vanilla-mug-cake/>



CLUBS

AT LUNCH, BEFORE AND AFTER SCHOOL

- | | | |
|-----------------------|--------------------|-----------------------|
| Chess Club | Movie Club | Green Team |
| Homework Help | Wellness Club | Gay Straight Alliance |
| Guitar Club | Harry Potter Club | Leadership |
| Puppet-Making Club | Cooking Club | Fruity Pebbles |
| Dance Club | Pottery | Senior Book Club |
| School Newspaper Club | Basketball Club | Ringette |
| Everblast Activity | Life Skills | Video Game Club |
| Macrame | Sign Language Club | Dodgeball Club |
| Badminton | Art Club | Glee Club |
| | Discussion Club | |
| | Robotics | |

JRHS HOROSCOPES

For obvious reasons these are just for fun and not at all true.

♈ Aries (Ram): March 21-April 19

Watch your elbows! Something special is coming your way. Will it be good or bad? Unknown at this time however planetary trajectories seem favorable. Avoid mangoes.

♉ Taurus (Bull): April 20-May 20

Your intelligence will finally be put to good use. Be weary of pickles and cotton candy this month. Lucky numbers: 8 & 263. Look on the bright side or use a flashlight in the dark.

♊ Gemini (Twins): May 21-June 21

You will get new exciting friends except some will ditch you. Choose carefully. Stay close to the Sour Patch Kids for good luck. Lucky color: Lime Green.

♋ Cancer (Crab): June 22-July 22

You will be a lot more emotional this month. You will make new and long term friends. Incorporate fiber into your diet. Avoid the numbers 1346 & 14.

♌ Leo (Lion): July 23-August 22

Sadly, you won't be the center of attention. Don't feel down, because luck is on it's way. Smile and try Canasta. Best colors: Violet, Burnt Sienna & Dry Mustard.

♍ Virgo (Virgin): August 23-September 22

You will give good advice to a Leo, Avoid making many people cry due to your honesty. Invest in Starbucks. Lucky numbers: 476, 5 & 10

♎ Libra (Balance): September 23-October 23

You may have digestive problems this month. Sugary treats may upset your stomach. Try to eat your vegetables. Your best days of the week are Wednesday and Friday.

♏ Scorpio (Scorpion): October 24-November 21

Although people think that you are tough and fierce, you are the type of person to try to save a fish if it's been in the water for too long. Use toothpaste to dry up pimples.

♐ Sagittarius (Archer): November 22-December 21

You will have excellent accuracy but your legs will be in pain. Use crampons when snow is present. Eat fermented foods for good gut biodiversity. Respect the numbers 1 & 2.

♑ Capricorn (Goat): December 22-January 19

Your hairline will move backwards. Use conditioner and dry your hair before bedtime. Enjoy raspberries when available. Lucky numbers: 17 & 9604821.

♒ Aquarius (Water Bearer): January 20-February 18

You will have endless success in the future. Be careful when on sidewalks and in ditches. Try avocados. Best colors for you include Magenta & Turquoise.

♓ Pisces (Fish): February 19-March 20

You will make mind-blowing art work. Share and celebrate! Lucky days of the week: Tuesday & Sunday. When lost, turn your frown upside down. Eat berries. Stay calm.